

CURRICULUM VITAE

NAME: Nancy Ameis, B.A., B.Sc., (P.T.)

ADDRESS: 333 Wilson Ave.
Suite 502
Toronto, Ontario
M3H 1T2

PHONE: 416-256-7131

PROFESSION: Physiotherapist
Owner of Physiogenics

EXPERIENCE: Currently practices Physiotherapy for the Pelvic Floor
- Treatment of pelvic floor dysfunction
2003 - Present
Conducted Functional Capacity Assessments
1993 - 2009

PROFESSIONAL HISTORY:

1974 - 1976	Staff Physiotherapist North York Branson Hospital 555 Finch Avenue West Willowdale, Ontario
1976 - 1978	Evening Therapist Sick Children's Hospital 555 University Avenue Toronto, Ontario
1978 - 1980	Staff Physiotherapist North Toronto Physiotherapy Centre 2797 Bathurst Street Toronto, Ontario
1980 - 1985	Established Private Practice Keelson Physiotherapy 1017 Wilson Avenue Downsview, Ontario
1985 - 1989	Moved Private Practice to 333 Wilson Avenue - Changed name to Bathurst-Wilson Physiotherapy
1989	Signed contract with Workers' Compensation Board to provide Community Clinic Program in North

	Toronto. Changed name to Physiogenic Rehabilitation Services
April 1993 - June 1998	Moved Clinic to 3625 Dufferin Street Associated with Multi-Disciplinary Assessment Centre -performed Functional Capacity Evaluations
June 1998 April 1993 - present	Moved clinic to 3200 Dufferin Street Provided Functional Ability Assessments for MDAC by Kinesiologists, Occupational Therapists and Physiotherapists
June 1993-5	Won 2 year Accreditation from Ontario Workers' Compensation Institute for Physiogenic Rehabilitation Services.
May 1995-7	2 year Accreditation from Institute for Work & Health
May 1996 - present	Provides Multi-Disciplinary Assessment Centre with Medical Rehabilitation Assessments in Physical & Occupational Therapy
November 1997-9	2 year approval of self-evaluation audit by the Institute for Work & Health for Physiogenics Extension of Contract for Community Clinic
November 1997 - 2008	Continued to have the Community Clinic Contract with WSIB
2003 – Present	Practices physiotherapy for pelvic floor

EDUCATIONAL BACKGROUND

1967 - 1971	Bachelor of Arts (Honours) History University of Toronto
1971 - 1974	Bachelor of Science (Physiotherapy) University of Toronto

MEMBERSHIPS

1974 - present	Member of Canadian Physiotherapy Association #8306
1974 - present	Member of Ontario Physiotherapy Association
1974 - present	Registered with the Ontario College of Directors of Physiotherapists #3850

CONTINUING EDUCATION (only relevant education will be mentioned)

- 1982Accupoints & Tens Modality Course, North Toronto
Physio
- 1990Muscle Energy Course
- 1990McKenzie A - Mount Sinai Hospital
- 1990McKenzie B - Mount Sinai Hospital
- 1992Exploring Adult Education - OWCI
- 1992-1993-1994-1995-1996-
1997-1998-2000-2002.....CPR Heartsaver - St. John's Ambulance
- 1992Quality Improvement Series - OWCI
- 1993McKenzie C
- 1994Surface EMG - Barbara Headley
- 1994Surface EMG - Glenn Kasman
- 1997Linkages in Rehabilitation - Outcome Measures –
Institute for Work & Health
- 1999Ergonomics Certification Course E.K. Gillin
- 2000Diagnosis and Treatment of Movement Impairment
Syndromes -Shirley Sahrman PhD
- 2002.....Pelvi-Perineal Re-education Claudia Brown
- 2004.....Pelvic Pain Marie Jose Lord Ottawa Hospital
- 2005.....Rise and Fall of the Pelvic Floor Jo Laycock
Pauline Chiarelli- Calgary
- 2006-8.....Mature Women's Health Care-Mount Sinai Hospital
- 2008.....Pelvic Floor Muscle Training for Urinary and Fecal
Incontinence-Claudia Brown- Ottawa
- 2008.....The Art and Science of Pain Management in
Women
- 2009.....Canadian Physiotherapy Association -The Clinical
Relevance of Pelvic Floor Muscle Dysfunction
Incontinence, Lumbopelvic Pain and Respiratory
Disorders, and Rehabilitation Strategies to
Promote Successful Outcomes
- 2009.....Fit to Deliver Carl Peterson Ottawa
- 2011.....Pelvic Health Solutions-Carolyn Van Dyken, Nelly
Fagini

PRESENTATIONS

- 2001“Assessing Function for Employment” to South West
Ontario Community Legal Clinics
- 2002.....“Stabilization of the Lumbar Spine” Active Breakfast
Seminar
“Use of the Hanoun for Post Offer of Employment”
Breakfast Seminar
“The Importance of Being Ergonomic” Toronto
District Catholic School Co-op Teachers
- 2003.....Prepared materials on Fitness and Lifting for H.
Paulin Wellness Day
Interactive Ergonomic Setup for Telus Wellness
Day
- 2007.....Active Exercise for Seniors with Stroke & Parkinsons
North York Seniors Centre